### US and Canada Finding fit and busting myths



St. Edward's School 9 May 2025

Make the destination part of your education

## **James Mills**

### *Educational Consultant* The University Guys

Former international universities counsellor, Warwick Schools Foundation, UK 33 years at elite schools, public and independent, on both sides of the Atlantic

Degrees from US and UK institutions; former NCAA D3 athlete Two children who have studied in a total of four countries on three continents!



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### **Congratulations to our class of 2025**

Aberdeen **American University of Paris** Aston Bangor Bath Bocconi **Boston College Boston University** Bristol **British Columbia** Brown Brunel Cal Berkeley **Carnegie Mellon Case Western Reserve** Chapman Chester **City St George's College of William & Mary Connecticut College Creative Arts** Dartmouth Derby Drexel Durham Eckerd Edinburgh EHL

Emory **Erasmus University College** ESADE ESCP Exeter Fordham **Forward College Georgia Tech** Goldsmiths Greenwich Harvard IE University **IED Barcelona** Indiana Bloomington John Cabot Kent **King's College London** Kingston Lancaster LCI Barcelona Leeds Loughborough Loyola Marymount LSE LUISS Lynn Maastricht Manchester **Manchester Metropolitan** 

**Marist University** McGill Michigan Michigan State Navarra Newcastle Northeastern Northeastern London **Nottingham Trent** NYU Occidental Oxford Oxford Brookes Penn Plymouth Pomona Purdue Queen Mary **Queen Mary University, Malta** Reading **Regent's** Roehampton **Rollins College Royal Holloway** San Diego State Santa Clara

SCAD Seton Hall Sheffield SOAS Southampton **Southampton Solent SP Jain London** St Andrews St Mary's **SUNY Binghamton** Surrey Sussex Swansea Syracuse Tampa **Toulouse Business School Trinity College Dublin TU Eindhoven** Tulane **U** Florida **U of East Anglia U** South Florida **U Virginia** U Wisconsin-Madison UC Davis **UC** Irvine UC Merced **UC Riverside** 



**UC San Diego UC Santa Barbara** UC Santa Cruz UCL UCLA **UNC Chapel Hill University College Dublin University of Arizona** University of Georgia **University of Southern California University of the Arts University of Toronto University of Vermont UT Austin** Vassar Villanova Wake Forest Warwick Washington University, St Louis Wesleyan Williams Worcester Yale

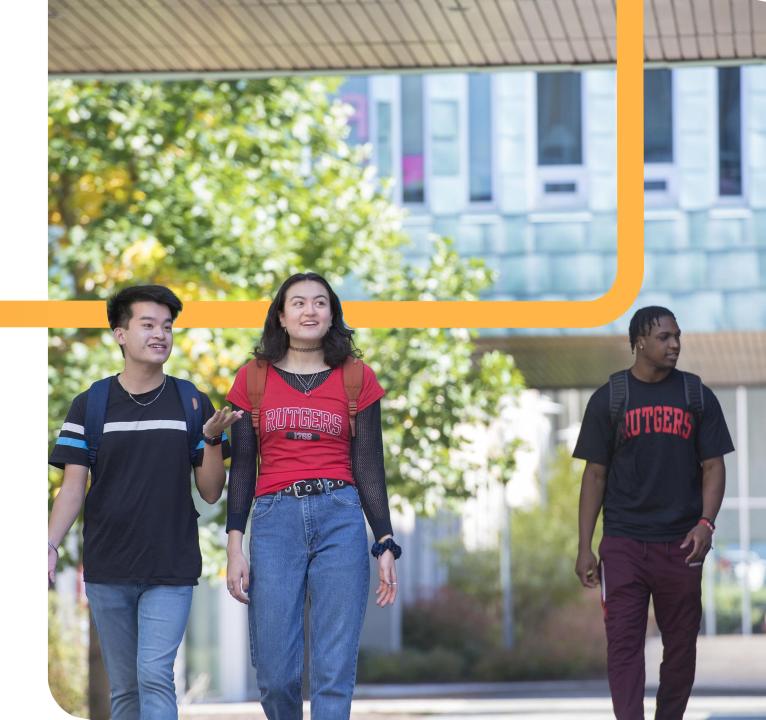
### theuniversityguys.com

York



## College in the USA is different

It's a bit like football



It's a different game and you need to know the rules

STANISLA

# We all want good options...



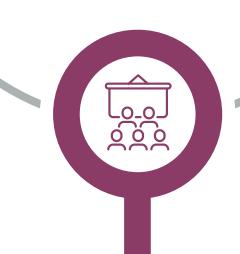
... but what do we mean by 'good'? Reiterated by Lee Coffin, Dean of Admissions and Financial Aid, Dartmouth College: "Admissions Beat," podcast March 2023

### **Academic Fit**

- > Grade Eligibility
- Capacity to cope
- > Desire to challenge yourself
- > Writing Ability
- > Core/G. Ed Program
- > Teaching styles

What does it really mean?

FIT





- Motivation Levels
- Residential Life
- Extra-curriculars
- > Values
- Missions
- Religious
- > Political

### **Class Fit**

- Personality
- Character
- How you will combine with the rest of the admitted students



### **Academic structures**

Are you applying to a university with only one undergraduate college?

Are you applying to a university with two-four undergraduate colleges?

Are you applying to a university with many undergraduate colleges or where you apply to a specific major?

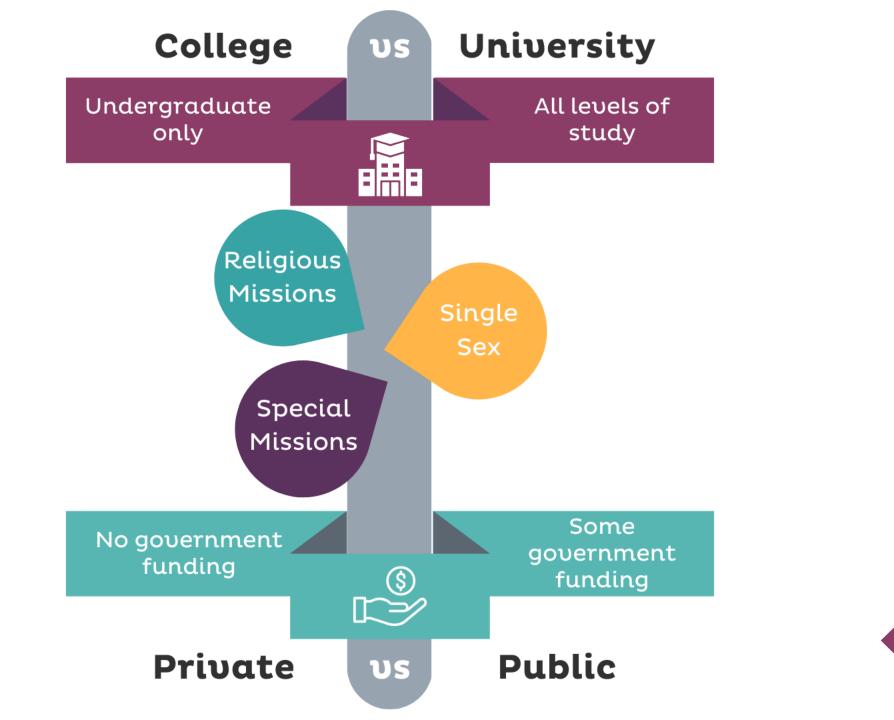
Are you applying into a niche programme?

### ALL OF THESE ARE DIFFERENT THINGS TO BE APPLYING FOR, AND WILL THUS IMPACT THE ESSAY YOU WRITE (AND YOUR REFERENCES)

Standard Curriculum	Open Curriculum	Structured Curriculum	Specialised Curriculum
<b>1/3 time on</b> General Ed. Distribution, writing, quantitative skills, including humanities, arts and PE.	<b>100% your choice</b> of courses, no required classes	<b>Common set</b> of classes every undergraduate takes regardless of your intended major	Required courses are dependent on your major, but will still include some classes outside your main subject interest
Massachusetts Institute of Technology	BROWN	COLUMBIA UNIVERSITY	

## **University Culture**





## **College Size**





### Other things to consider

One undergraduate college? Or lots of undergraduate colleges?



Living Learning Communities

Additional

Experiences: Co-op,

Study Abroad,

Community activities

Part of a consortium

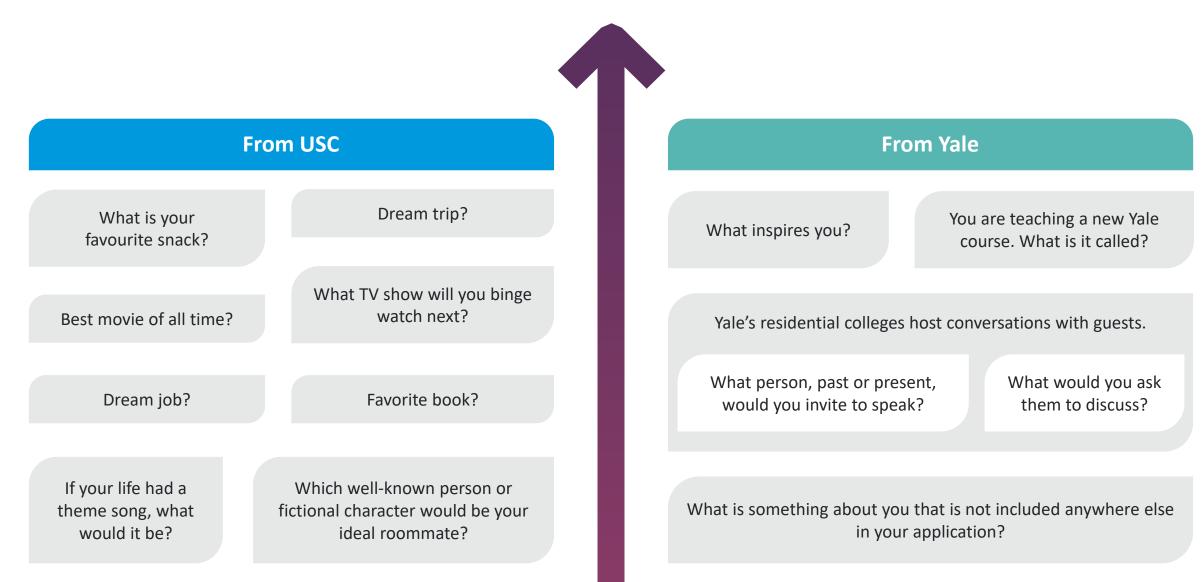
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Assessment and evaluation: Pass/Fail, Grades, Narrative, Exams, Coursework



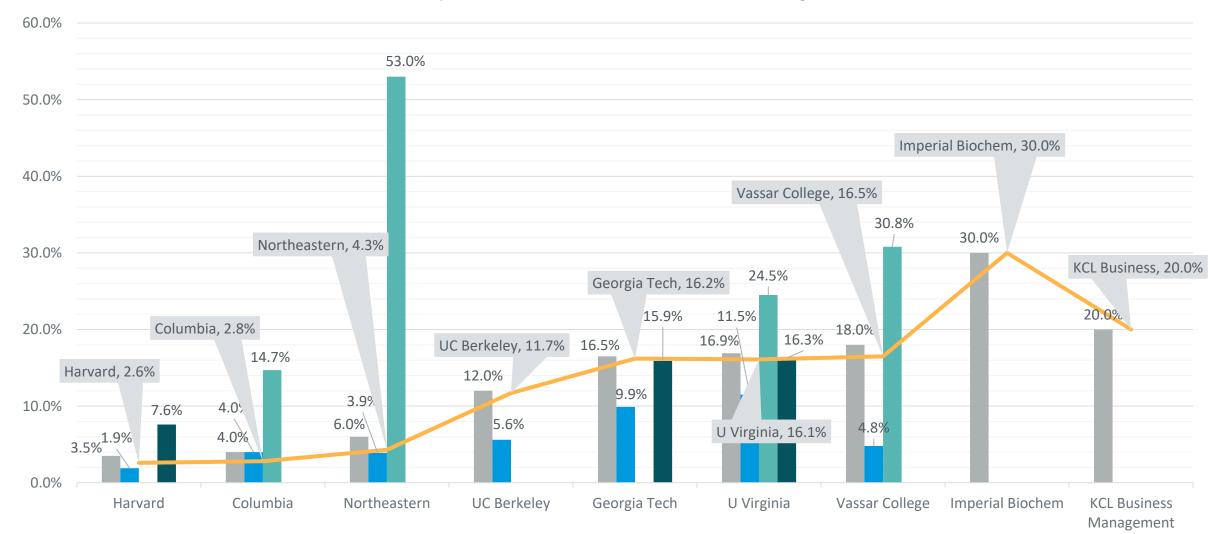
Honour Code

### Spot the difference



## **Differential admit rates**

Reported International ED EA ----Regular



### MIT

From the UK, 256 students applied to join MIT. 67 were in Early Action and the rest were regular. Overall, only 1 student was admitted Early (a 1.5% admit rate) and 6 more in regular – the overall UK admit rate was 2.7%.



**Shortlist:** Cornell, Northwestern, Georgia Tech, Stanford, Duke, Johns Hopkins, NYU, U Penn, U Michigan, Rensselaer Tech, Purdue

### Workload: 26 pieces of supplemental writing

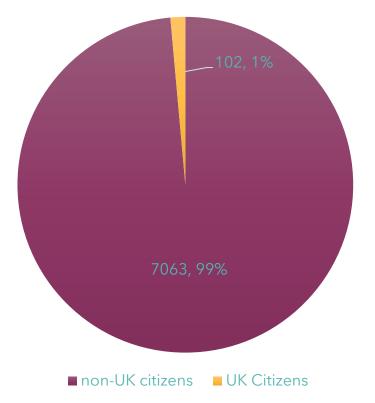
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University	Length	Question Summary	
Georgia Tech	50-300 words	Why do you want to study your chosen major specifically at Georgia Tech?	
Cornell	Single words	What 3 words best describe you? What three words would you use to describe Cornell Engineering	
Cornell	Max 350 words	Explain how your life experiences will help inform your contributions to a learning community devoted to "any personany study." We encourage you to think broadly about your life experiences, including how local (e.g., family, school, neighborhood) or global communities you've been part of have helped shape your perspective.	
Cornell	Max 250 words	How do your interests directly connect with Cornell Engineering? If you have an intended major, what draws you to that department at Cornell Engineering? If you are unsure what specific engineering field you would like to study, describe how your general interest in engineering most directly connects with Cornell Engineering. It may be helpful to concentrate on one or two things that you are most excited about	
Cornell	Max 250 words	Choose either Question A or Question B. * Max 250 words Question A: Describe an engineering problem that impacts your local community. This could be your school, neighborhood, town, region, or a group you identify with. Describe one to three things you might do as an engineer to solve the problem. Question B: Diversity in all forms is intrinsic to excellence in engineering. Engineering the best solutions to complex problems is often achieved by drawing from the diverse ingenuity of people from different backgrounds, lived experiences, and identities. How do you see yourself contributing to the diversity and/or the inclusion of the Cornell Engineering community? What is the unique voice you would bring to the Cornell Engineering community?	
Purdue	Max 250 words	How will opportunities at Purdue support your interests, both in and out of the classroom?	
Purdue	Max 250 words	Briefly discuss your reasons for pursuing the major you have selected.	
Rensselaer Tech	Max 300 words	Please briefly elaborate on one of your extracurricular activities or work experiences.	
Rensselaer Tech	Max 250 words	Why are you interested in Rensselaer Polytechnic Institute?	
U Michigan	Max 300 words	Choose one of the communities to which you belong, and describe that community and your place within it.	
U Michigan	Max 550 words	Describe the unique qualities that attract you to the specific undergraduate College or School (including preferred admission and dual degree programs) to which you are applying at the University of Michigan. How would that curriculum support your interests?	
U Penn	150-200 words	Write a short thank-you note to someone you have not yet thanked and would like to acknowledge.	
U Penn	150-200 words	How will you explore community at Penn? Consider how Penn will help shape your perspective, and how your experiences and perspective will help shape Penn.	
U Penn	150-200 words	Please share how you hope to explore your engineering interests at Penn.	
NYU		We are looking for peacemakers, changemakers, global citizens, boundary breakers, creatives and innovators - Choose one quote from the following and let us know why it inspires you; or share a short quote and person not on our list who inspires you, and include why.	
JHU	Max 300 words	Tell us about an aspect of your identity (e.g. race, gender, sexuality, religion, community, etc.) or a life experience that has shaped you as an individual and how that influenced what you'd like to pursue in college at Hopkins.? (This can be a future goal or experience that is either academic, extracurricular, or social)	
Duke	Max 250 words	What is your sense of Duke as a university and a community, and why do you consider it a good match for you? If there's something in particular about our offerings that attracts you, feel free to share that as well.	
Duke		Up to 2 questions from prompts on Perspective, Intellectual experience, Beliefs & Values, Bring Different, Orientation, identity, expression	
Stanford	Max 50 words	What is the most significant challenge that society faces today?	
Stanford	Max 50 words	How did you spend your last two summers?	
Stanford	Max 50 words	What historical moment or event do you wish you could have witnessed?	
Stanford	Max 50 words	Briefly elaborate on one of your extracurricular activities, a job you hold, or responsibilities you have for your family.	
Stanford	Max 50 words	List five things that are important to you.	
Stanford	Max 250 words	The Stanford community is deeply curious and driven to learn in and out of the classroom. Reflect on an idea or experience that makes you genuinely excited about learning.	
Standford	Max 250 words	Virtually all of Stanford's undergraduates live on campus. Write a note to your future roommate that reveals something about you or that will help your roommate – and us – get to know you better.	
Stanford	Max 250 words	Please describe what aspects of your life experiences, interests and character would help you make a distinctive contribution as an undergraduate to Stanford University.	

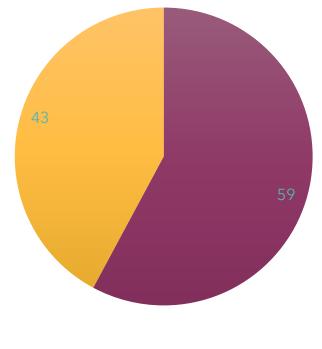


## The role of sports

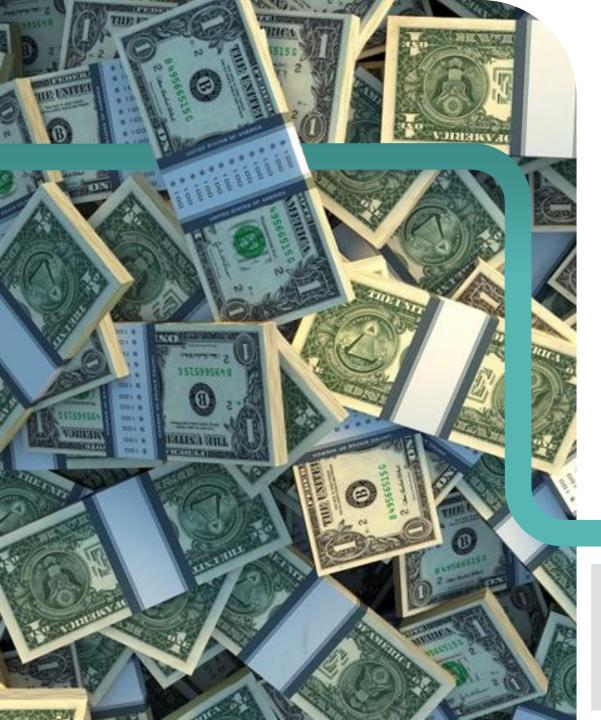
### Number of UK citizens in UG at Harvard (24/25)

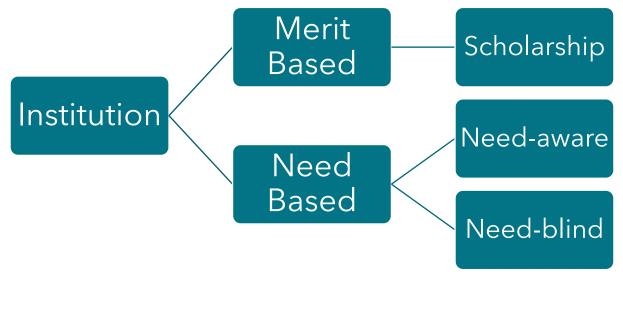


## UK educated students on the UG athletic rosters at Harvard (24/25)









## Money

- Scholarships may have a separate application process and/or earlier deadline
- The cost of tuition, accommodation and living varies a lot

## Canada

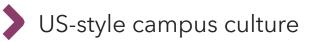






## Key features





Straightforward applications, predictable outcomes

### Cheaper than the USA

## **Choosing a university**

When choosing a university in Canada, emphasis is on the right fit, rather than ranking

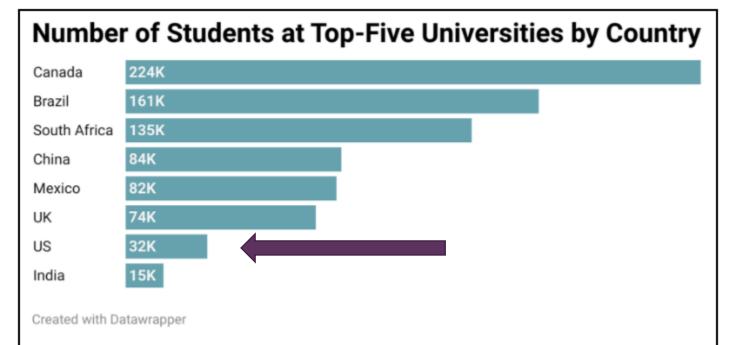
No official ranking system in Canada. Public education system ensures high quality across the board.

You will find all types of universities in Canada: larger, more researchintensive institutions and smaller, primarily undergraduate institutions.

Students select universities based on location, size, program, etc.







### Source: Jeff Selingo via LinkedIn



Top-Ranked U.K. Universities Needed to Match the Number of Students at the Top 5 Canadian Universities (11)





Top-Ranked U.S. Universities Needed to Match the Number of Students at the Top 5 Canadian Universities (25)



# So, what's next?

## Which is the best vehicle?

Bus







The Tube

#### Your Academic Experiences so far **Extra-curriculars** How do you learn best? Sport, volunteering, work, > 99 internships...What have What community suits you? Which assessment styles they taught you about yourself? work best for you? Reflect **Super-Curricular** Visit Keep a reflective What do you enjoy Go visit and see what it feels Make journal reading, watching, like to be there notes listening to or doing beyond your schoolwork? **Open Days / House** Tours **Conversations Taster Lectures** Student for a day Books Information Session Articles With your adviser, parents, Summer Schools Podcasts teachers, peers, current ппп Ш students, and institution Projects staff

### Know what you are applying for

#### Curriculum

Model (Open, Standard, Dist.) Teaching style Subjects Structures



#### Identity

Values Missions Politics | Religion



#### **Campus Life**

Size Residency Activities

#### Academics

Subject interests Curiosity Experiences

#### Identity

Values Qualities Passions, Goals Things that have shaped you



#### **Experiences**

Experiences Achievements Skills Life Events



### Know what you want to show



Services for About

Contact Knowledge

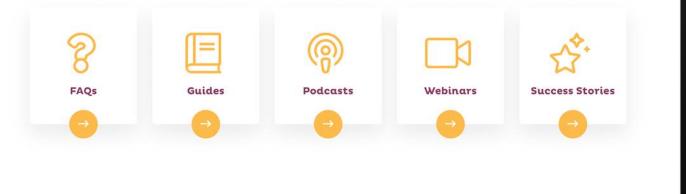
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We'll help you navigate the different processes, timelines and terminology when applying to universities abroad

Our website has lots of information to help you on your way





### theuniversityguys.com



### **Our three step process**





## Explore

Where in the world do you want to apply?





Depending on your choices, what do you need to do to be able to apply?





Make sure that every element of your application works to your advantage.

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